

**High Desert Oral Surgery and Implant Center PLC**  
**30012 North Cave Creek Road, Suite 103**  
**Cave Creek, Arizona 85331**

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(480) 575 – 0845 (Fax)

**IMPORTANT INSTRUCTIONS REGARDING YOUR**  
**SEDATION / GENERAL ANESTHESIA**

Due to the risk of vomiting, **Do not eat or drink anything** (including water) for eight (8) hours prior to surgery.

However, it is important that you take any **regular medications** (high blood pressure, antibiotics, etc.) or any pre-medication prescription that we have provided, **using only a small sip of water.**

- For morning appointments, nothing to eat or drink after midnight and skip breakfast.
- For afternoon appointments, you may eat a light clear breakfast six (6) hours before your appointment and skip lunch.
- Take any regular medications with only enough water to get the pill down.
- You **MUST** have an adult to drive you home..
- Please remove nail polish and if possible, nail extensions. This will improve our ability to monitor your vital signs while under general anesthesia.
- Feel free to wear loose fitting comfortable clothing.
- Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc., for 24 hours after surgery.

***Our goal is to provide you with a safe, pleasant and effective sedation. In order to do this it is extremely important that you follow these instructions carefully.***

***Please feel free to ask or call about any questions concerning your surgery or anesthetic.***

*Thank You*